

Finnleken (Rørspols line dance) (Norway)

Line dancing has come to Norway and become popular in recent years. Alix felt that there should be a Norwegian answer to this trend, and so she composed this line dance based on Norwegian Rørspols.

The proper dress is a busserull (Norwegian striped work shirt), knickers, patterned socks, and beksam shoes (old-style ski boots). This dress style is the equivalent of cowboy gear.

Music: Created for *Finnleken* on the *Dalakopa* album *Grenseløst*. Sven Nyhus has also recorded this tune, but sometimes it has an extra third phrase. You could do it to a square 2-phrase Rørspols, but you would need to repeat the last two measures.

Meter: 3/4

Formation: Each person alone, all facing the same direction in the room.

Meas Movement

Part I

- 1 One pols step fwd. Step fwd on L (ct 1), fwd on R (ct 3).
- 2 Repeat meas 1. Be sure to step fwd on ct 3.
- 3 One pols step bkwd. Step back on L (ct 1), back on R (ct 3).
- 4 One pols step with a quarter turn. Step back on L (ct 1), turn 1/4 to L and then step bkwd on R (ct 3).
- 5-16 Repeat meas 1-4 three times, end facing the same direction as you started.

Part II

- 1 Small step back on L (ct 1), stamp R beside L (ct 2), small step back on R (ct 3).
- 2-4 Repeat meas 1 three times.
- 5 One pols step fwd. As a variation, you can add a full turn to L.
- 6 Repeat meas 5.

Presented by Alix Cordray