

Linerender

Line dancing has come to Norway and become popular in recent years. Alix felt that there should be a Norwegian answer to this trend, and so she composed this line dance based on Norwegian reinlender.

The proper dress is a busserull (Norwegian striped work shirt), knickers, patterned socks, and beksam shoes (old-style ski boots). This dress style is the equivalent of cowboy gear.

Music: Created for "Skepparshottis" – a rocked-up reinlender/shottis on Dalakopa's Album "Grenseløst". Can be done to any reinlender or shottis.

Meter: 2/4.

Formation: Each person alone, but all facing the same direction in the room.

Steps: Reinlender step: step fwd R (ct 1), step L fwd (ct &), step fwd R (ct 2), lift or hop (ct &). Repeat with opp ftwk. Norwegians generally do 4 svikts or "bounces" per reinlender step.

Meas Movement

- 1 Starting R, one reinlender step fwd.
- 2 One reinlender step in place: step back on L (ct 1), step on R beside L (ct &), step fwd on L (ct 2), lift or hop (ct &).
- 3 Starting R, one reinlender step bkwd.
- 4 Repeat meas 2.
- 5 One reinlender step sideways to R: step on R to R (ct 1), step on L behind R (ct &), step on R to R (ct 2), slap L ft with L hand (ct &). In the slap, the foot finds the hand rather than the opposite. Variation: turn once around to R (CW) during the step.
- 6 Step fwd on L (ct 1), slap R ft with R hand (ct &), step back on R (ct 2), slap L ft with L hand (ct &).
- 7 One reinlender step sideways to L with 1/4 turn to L: step on L to L (ct 1), step on R behind L (ct &), step on L to L (ct 2), lift on L and turn 1/4 to L to face new wall (ct &). Variation: turn 1 1/4 to L (CCW), i.e. an extra turn, during the last meas.
- 8 Facing new wall, stamp in place L (1), R (&), L (2).

Repeat the dance facing each wall successively.