

Reinlender med to gåsteg

In recent years, folk dance groups in Norway have begun to dance gammeldans variations picked up from Saturday night dances in the country. This dance is a very simple variation on ordinary open reinlender.

When I first saw this dance, I assumed the dancers danced this way because they were not able to get around twice. Now, I recognize the dance as part of a larger pattern, where the M walks diagonally backward toward LOD in order to end a CW rotation.

The dance does not have a name in Norway, so the name means "reinlender with two walking steps".

Music: Any reinlender

Meter: 2/4

Formation: Couples facing LOD with shoulder-waist. Free hands hang at sides.

Steps: Reinlender step left: step fwd on L (ct 1), step on R fwd or beside L (ct &), step fwd on L (ct 2), bounce or hop (ct &). The step may be danced with 4 svikts, or with only 2.

Meas Pattern

1-2 Two reinlender steps fwd in LOD, M L and W R.

3 Take ballroom (or closed) pos, and turn with two step-hops (or step-lifts).

4 M moving diagonally backward toward LOD and toward center, step on L (ct 1), step on R (ct 2). These steps are usually smooth, lacking the svikt of the other parts of the dance. (They seem to be borrowed from newer dance forms, such as foxtrot.) Open out to start over.

Presented by Alix Cordray and Bjørn Ove Opheim