

Stockrosen

Stockrosen is a simple waltz mixer without any turning waltz. The dance comes from the folk dance group Viljan in Stockholm, via their sister group in Oslo, Symra. It is a good dance for newer dancers.

Recordings: Any waltz with square phrasing, preferably one with 8 meas phrases (although 16 meas phrases will also work).

Meter: 3/4

Formation: Couples in a circle, facing ptr, M facing LOD. Hold R hands in a thumbgrip.

Steps: Waltz. In the first 3 parts of the dance hesitation steps may be used, but in the last part a running waltz step is needed.

Meas Movement

- 1-4 With R thumbgrip, starting with L ft, dance 4 meas fwd, moving CW around ptr.
- 5-8 With L thumbgrip, dance 4 meas fwd, moving CCW around partner. On last ct, W step on R.
- 9 Take ballroom position. On meas 9, step sideways on M L, W R toward center (ct 1), step in place with M R, W L (ct 3).
- 10 Repeat meas 9.
- 11-12 Repeat meas 9-10 with opp direction and footwork, moving toward outside of circle. W does not take wt on L on meas 12 ct 3.
- 13-16 Repeat meas 9-12.
- 17-20 All join hands at shldr level and do 4 waltz (or hesitation) steps to L starting on L.
- 21-24 Starting with L ft., do 4 waltz (or hesitation) steps back to R.
- 25-32 Face partner and do a grand chain, starting by giving R to partner at chest level. Do 7 running waltz steps, passing approx 1 person on each meas. End at no. 7, counting your partner as 1, and take R thumbgrip. When you meet, acknowledge your new partner with a slight bow.

*Presented by Alix Cordray
March 2013*