

## Tretur fra Hornindal

This is a simple dance for 3 people done to halling music. The dance was notated from a film made by Egil Bakka with Anders Lødemel, Hornindal in Nordfjord.

Source: Egil Bakka, *Danse, Danse, Lett Ut På Foten*, Noregs Boklag, 1970. ISBN 82-522-0120-2.

Music: There is sheet music for the original melody in *Danse, danse lett*. However, the dance can be done to any halling (2/4 or 6/8). It is easiest if the melody has clear phrases of 8 bars.

Formation: 3 people in a small circle holding hands at shoulder height, often 1 boy and 2 girls. This set of 3 people is in their own "world" and usually has no relationship to the room or to the other sets.

Steps: Walking.

### Meas Pattern

1-8 Starting with L ft, walk 16 steps round to the L (CW).

9-16 Walk 16 steps back to the R (CCW).

17-32 Release hands, and walk 32 steps in a figure-8 ("hay"). There is no rule about how to begin. Usually the person "in the middle" chooses how to start and the other two people adjust.

*Presented by Alix Cordray and Mari Nustad*