

Lideli Galen (Norway)

This dance is a song dance in Norway, which means that there is no musical accompaniment other than the dancers' own singing. Song dances are very popular in Norwegian dance groups. Many of the songs are older, but the dances are more recent.

In this case, the melody is a traditional mazurka. The lyrics were created by Geirr Lystrup, who has set lyrics to many gammeldans (old-time) melodies. The dance was created in 2001 by two members of the Oslo dance community, Marianne Dahl and Anders Sakshaug.

The formal name of the dance is "Jentelokken" (Girl-call), but most people refer to it by its lyrics. So I have chosen to call it "Lideli galen".

Recordings: No known commercial recordings suitable for the dance.

Meter: 3/4

Formation: A circle of couples, all facing center W on M's R. All hold the "heavy" hand hold with neighbors. R hand grasps over neighbor's L, so that the two hands are palm-to-palm.

Steps: Kvilesteg: Keep holding hands and face L, with R hand at own waist, L arm nearly straight (but relaxed) with hand resting in R hand of person in front. Step fwd on L (ct 1), step on R beside L (ct 2), step fwd on L (ct 3), touch R beside L (ct 4), step fwd on R (ct 5), touch L beside R (ct 6).

Meas Movement

1 Step on L, swing R over. Down-up-down feeling on L.

2 Step on R, swing L over.

3 Simple masurka step to side: Step on L to L (ct 1). Bounce, closing R to L (ct 2) and bounce once more (ct 3).

4 Repeat meas 4.

5-8 Repeat meas 1-4.

9-14 Facing L, dance 3 kvilesteg.

15-16 Release hands with corner (release M L and W R hands). Jump on both ft (ct 1). Then run 5 steps starting R, one on each ct, turning as a couple once. The M moves bkwd, the W fwd.

Join hands to start over.

Jentelokken Lyrics (by Geirr Lystrup)

Lideli galen, lidelig god,
kom til meg skal du få drikke av min sko.
Lideli galen, lideli god,
kom til meg skal du få danse.
Danse opp and danse ned
i raude lynngen under himla høge tre.
Danse vill og danse varm,
Og kjære gje meg ein masurka.

Lideli galen, lidelig god,
kom til meg skal du få drikke av min sko.
Lideli galen, lidelig god,
kom til meg skal du få ta meg.
Ta meg opp og ta meg ned
i raude lynngen under himla høge tre.
Ta meg vill og ta meg varm.
Å kjære gje meg ein masurka.

Wildly crazy, wildly good,
come to me, you can drink from my shoe.
Wildly crazy, wildly good,
come to me, you can have a dance.
Dance up and dance down
in the red heather under the towering trees.
Dance wildly and dance warmly
Oh dearest, give me a mazurka!

Wildly crazy, wildly good,
come to me, you can drink from my shoe.
Wildly crazy, wildly good,
come to me, you can take me.
Take me up and take me down
in the red heather under the towering trees.
Take me wildly and take me warmly
Oh dearest, give me a mazurka!

Presented by Alix Cordray